

TARKARI (VEGETABLES)

48. **BHENTA TARKARI** **V** £4.25
Sliced aubergine cooked with fresh herbs and spices.
49. **CHANA MASALA (HOT)** **G V** £4.25
Chickpeas cooked with different spices.
50. **KERAU PANEER (MEDIUM – MILD)** **D V W** £4.25
Green peas & cottage cheese cooked in medium to mild sauce.
51. **ALOO JEERA** **V** £4.25
Diced potatoes fried with cumin seeds to create a traditional Nepalese dish.
52. **CHAMSOOR SAAG** **V** £4.25
Fresh spinach lightly fried using different herbs.
53. **SAAG ALOO** **V** £4.25
Spinach & potatoes cooked in Nepalese spices and herbs.
54. **SAAG PANEER** **D V** £4.25
Spinach & cottage cheese cooked in different herbs and spices.
55. **KALO DAAL** **D V** £4.25
Black lentils cooked in typical village style. Simple, yet delicious.
56. **PAHELO DAAL** **V** £4.25
Yellow lentils cooked in Nepalese style. Very delicious.
57. **BHINDI TARKARI** **V** £4.25
Fresh lady's finger (okra) cooked with spices and herbs.
58. **CHYAUKO TARKARI** **V** £4.25
Fresh mushrooms cooked in onion and tomato sauce.
59. **CAULI BHAJI** **V** £4.25
Cauliflower cooked in tomato and onion sauce.
60. **MIS MAS TARKARI** **V** £4.50
Assorted fresh vegetables lightly fried in Nepalese herbs and spices.

BHATKO PARIKAR (RICE DISHES)

61. **SETO BHAT (PLAIN RICE)** £2.75
Delicious aromatic steamed basmati rice.
62. **PALACE BHAT (PILAU RICE)** **W** £3.10
Steamed rice cooked in ghee, milk, bay leaf, cardamoms, nuts & saffron flavoured.
63. **CHYAU BHAT (MUSHROOM RICE)** **D G S** £3.30
Nepalese style mushroom fried basmati rice.
64. **BHUTEKO BHAT (EGG-FRIED RICE)** **G E S** £3.30
Egg-fried basmati rice with green peas and carrots.

ROTIKO PARIKAR (NAAN AND ROTI)

65. **CHAPATI** **G** £1.75
66. **ROTI** **G** £1.95
67. **SADA ROTI (PLAIN NAAN)** **D G** £2.50
68. **LASUN ROTI (GARLIC NAAN)** **D G** £2.70
69. **MITHO ROTI (SWEET NAAN)** **D G W** £2.70
70. **KEEMA ROTI (MINCED LAMB NAAN)** **D G W** £2.70
71. **KHURSANI ROTI (CHILLI NAAN)** **D G** £2.70
72. **PARATHA** **D G** £2.70

ARU (ON THE SIDE)

73. **DAHI** **D** Plain yoghurt. Helps to digest food. £1.75
74. **POPPADUMS** **G** £0.70

SET MEAL PER PERSON £22.00

HIGHLY RECOMMENDED FOR GROUPS.

(Minimum order of two people)

STARTERS: Mixed Starters served individually (a piece of chicken, lamb, fish, prawn & veg per person).

MAIN COURSE: For a sub-group of four people, 4 main course dishes served: 1 chicken, 1 lamb, 1 shrimp and 1 dry dish (chicken & lamb tikka)-can be made mild/ medium/ hot on request; and a veg side with rice and naans (plain/garlic/sweet). Likewise for rest of the group.

QUALITY SUNDAY BUFFET

LUNCH – 12 noon to 2:30pm

ADULTS: **£10.95** CHILDREN UNDER 10 YEARS: **£6.95**

Staters: Onion bhaji, ribs, aloo pakoda, sinka kukhura, mushroom chilli, meat balls, teen tareko, momo, aloo dum (Six items from the list rotated every week).

Main Course: Lamb curry, rato kukhura (chicken tikka masala), vegetable curry, veg noodles, plain rice, pilau rice, naan and salad.

Dessert: Yoghurt fruit salad.

(A LA CARTE MENU AS USUAL ON SUNDAY EVENINGS)

Gluten **G** Nuts **N** Peanut **P** Dairy **D** Soy **S** Mustard **M** Fish **F**
Egg **E** Mollusc **M** Celery **C** Lupin **L** Sulphur Dioxide **S**
Sesame **S** Crustaceans **C** Vegetarian **V** Hot **H** Very Hot **H H**

GURKHA PALACE NEPALESE RESTAURANT

- QUALITY FOOD AND OUTSTANDING SERVICE SINCE 1999
- SHORTLISTED TOP 100 AT THE BRITISH CURRY AWARDS 2012, 2013 & 2014
- WINNER OF NEWS AND MAIL'S BEST BITES 2014/ 15/16
- 15% DISCOUNT ON TAKEAWAY COLLECTION
- FREE DELIVERY FRIDAY AND SATURDAY (WITHIN 3 MILES RADIUS ON ORDERS OVER £20)
- QUALITY SUNDAY BUFFET LUNCH: 12noon to 2.30pm
- REMEMBER US FOR: FAMILY MEALS, PARTIES, CONFERENCES, OUTSIDE CATERING.

NOTE:

If you have a food allergy or intolerance, please let us know when placing your order. Some items on the menu can be tailored to exclude some of the allergens, please ask your waiter/ waitress.

Dhanyabaad (Thank You)! Pheri Bhetaula (See You Again)!



GURKHA PALACE

Nepalese Restaurant

Fully Licensed and Air Conditioned



15% DISCOUNT on takeaway collection

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OPEN 7 DAYS A WEEK

OPENING TIMES:

MONDAY: LUNCH: 1pm - 2:30pm, DINNER: 6pm – 10.30pm

TUE-SAT: LUNCH: 12noon - 2:30pm, DINNER: 6pm – 10.30pm

SUNDAY: LUNCH: BUFFET: 12noon -2:30pm, DINNER: 6pm - 10pm



KHAJAKO PARIKAR (STARTERS)

1. **VEGETABLE KHAJA** (VEGETABLE SPRING ROLL) **G V F** £3.75
Mixed vegetables lightly cooked, wrapped in wheat flour pastry & deep-fried. Served with salad and chutney.
2. **ALOO PAKODA** (POTATO FRITTERS – HOT) **G V M** £3.75
Balls of mashed potatoes mixed with dry red chillies, onions, mustard & spices, coated in gram flour batter and deep-fried. Served with chutney.
3. **PYAJKO PAKODA** (ONION BHAJI) **F G V** £3.75
Sliced onions covered in spiced gram flour batter and deep-fried. Served with salad and tomato chutney.
4. **TEEN TAREKO** (VEGETABLE FRITTERS) **G V** £3.75
Slices of potato, aubergine & courgette coated in flavoured gram flour batter and deep-fried, served with salad & tomato chutney.
5. **MOMO** (LAMB OR VEGETABLE DUMPLINGS) **M F G** £3.80
Nepalese style steamed dumplings served with typical Nepalese chutney.
6. **SINKA KUKHURA** (SKEWERED CHICKEN) **G S F** £4.50
Boneless chicken lightly marinated in spiced corn flour sauce and served in a bamboo skewer with salad & chutney.
7. **KALEJO BHUTUWA** (CHICKEN LIVER) **G** £4.75
Chicken liver fried using traditional Nepalese recipe. Nepalese's favorite. Served in a poppadum bowl.
8. **MEAT BALL** (MEDIUM OR HOT) **G S F G** £4.75
Minced lamb mixed with chopped garlic, spring onion, egg, corn flour & spices and deep-fried, then cooked in a tasty tomato base sauce.
9. **KHASI KEEMA** (MINCED LAMB) £4.75
Minced lamb mixed with chopped onions, ginger, cumin seeds & fresh coriander and cooked in tandoor.
10. **FISH PAKODA** (SALMON FRITTERS) **G M F** £4.75
Salmon cubes coated in flavoured gram flour batter and deep-fried. Served with salad & chutney.
11. **MIXED STARTER** **G M S F G** £5.20
Combination starter of momo, prawn, sinka kukhura, aloo pakoda and fish pakoda. Served with salad and chutney.
12. **RANA KHANDANI** (FRIED LAMB – MEDIUM) **G** £5.50
A delicious starter of the traditional Rana Family. Cooked lamb fried with onions, tomatoes & capsicum in tomato base sauce. Garnished with cucumber, carrot and tomatoes.
13. **PRAWN PURI** **G S F G** £5.75
Deep-fried marinated prawn cooked with chopped onions, tomatoes and capsicum in tomato base sauce. Served with puri (deep-fried, puffed bread) and salad.

CHULAKO PARIKAR

(CLAY OVEN - DRY DISHES SERVED IN SIZZLER)

14. **UNEKO PANEER** (COTTAGE CHEESE - MEDIUM) **D V** £7.75
Marinated cottage cheese char-grilled in clay oven.
15. **POLEKO RATO KUKHURA** (CHICKEN TIKKA – MEDIUM) **D** £7.75
Tender pieces of chicken marinated in yoghurt, herbs & spices in an original recipe.
16. **PAHADI KUKHURA** (GREEN CHICKEN – HOT) **D** £7.95
A tasty dish of boneless chicken marinated in yoghurt, fresh mint and green chillies.
17. **VEGETABLE SPECIAL** (MEDIUM) **D V M S** £8.50
Stuffed potato (stuffing: sesame seeds, cashew nuts, raisins, spinach, cottage cheese), mushrooms, cottage cheese, cauliflower and potato cooked in tandoor.
18. **GURKHA KHASI** (CHAR-GRILLED LAMB) **D** £8.50
Sliced lamb, char-grilled using highly flavoured Nepalese recipe creating a very tasty dish.
19. **GURKHA PALACE SPECIAL** **D S M S F G C** £12.50
(MIXED GRILL – MEDIUM)
Delicious clay oven special assorted dish of lamb, chicken, king prawn & salmon fish.
20. **POKHRELI MACHHA** (STEAMED BRIM FISH) **S S F M G** £12.95
Brim fish soaked in a flavoursome marinade of sesame oil, fish oil, chilli oil, soya sauce, chopped ginger & garlic, and steam-cooked. Topped with oyster sauce and spring onion.

BHANCHHE BISHESTA (CHEF'S SPECIAL)

21. **SABJI GUCHHA** (POTATO WITH CHEESE – MEDIUM) **D V F** £7.50
A dish made of mashed potatoes stuffed with cheese. Must for potato and cheese lovers.
22. **PIRO KUKHURA** **G S F D G** £8.50
(CHICKEN CHILLI – MEDIUM OR HOT)
A very special dish of deep-fried marinated chicken cubes, diced tomatoes, onions and capsicum sautéed with tomato sauce and chilli oil.
23. **STAFF CURRY** (BONELESS LAMB – MEDIUM) £8.95
Chef's own style of home-made lamb curry.
24. **KHASI TANG** (LAMB SHANKS – MEDIUM) **G** £8.95
Chef's own style lamb on the bone cooked in medium spicy sauce with chickpeas.
25. **HARIYO KUKHURA** (GREEN CHICKEN – VERY HOT) **D** £9.95
A tasty dish of boneless char-grilled chicken marinated in yoghurt, fresh mint and green chillies, cooked in hot sauce.
26. **KATHMANDU KUKHURA** (CHICKEN – MILD) **D M** £10.50
Boneless tandoori chicken cooked in mild masala sauce.
27. **MIS MAS MASU** (MEAT FEAST – MILD) **D M G** £12.50
A combination of char-grilled lamb, boneless chicken and king prawn cooked in mild masala sauce.
28. **TRISHULI MACHHA** (MONKFISH – MED-MILD) **D M F** £12.95
Diced cubes of monkfish cooked with medium to mild flavoured sauce made from fresh herbs and spices.

JHINGE MACHHA (PRAWN DISHES)

29. **JHINGE MACHHA** (MEDIUM OR HOT) **D G** £7.95
Shrimps cooked in medium sauce.
30. **RUPA PRAWN** (MILD) **D M S G** £12.50
King prawn cooked in sauce made from coconut milk, cashew nuts, onion sauce, herbs and cream giving a distinctive rich flavour.
31. **PHEWA PRAWN** (MEDIUM) **D G** £12.50
King prawn cooked in succulent sauce made from onion, tomato, ginger and spices.

KUKHURAKO PARIKAR (CHICKEN DISHES)

32. **KUKHURAKO MASU** (MEDIUM) £7.75
Tender boneless chicken cooked in medium spiced sauce.
33. **LEDHO KUKHURA** (MEDIUM) **D** £7.95
Char-grilled chicken cubes cooked in thick sauce of medium flavour.
34. **KUKHURA ROGAN** (MEDIUM) £7.95
A very tasty chicken dish cooked with rogan oil, butter, onion and spices in a tomato base.
35. **KUKHURA CHANA** (MEDIUM OR HOT) **G** £7.95
Chicken and chickpeas cooked with onions, grilled pepper, tomato, chilli oil and spices.
36. **RATO KUKHURA** (CHICKEN TIKKA MASALA - MILD) **D M** £7.95
Char-grilled chicken finely cooked in creamy Nepalese masala sauce.
37. **KUKHURA SAAG** (MEDIUM) £7.95
Chicken cooked with spinach and flavoured with fenugreek leaves.
38. **TARAI KUKHURA** **D M** £8.95
Char-grilled sliced chicken cooked with fresh peppers, onions & herbs with a hint of yoghurt. Served hot.
39. **SHERPA KUKHURA** **D M** £8.95
A very popular Nepalese chicken dish balanced with seventeen different herbs and spices in a coconut base sauce. Very hot, but equally delicious.

KHASIKO PARIKAR (LAMB DISHES)

40. **KHASIKO MASU** (MEDIUM) £8.50
Tender boneless lamb cooked in medium spiced sauce.
41. **KHASI SAAG** (MEDIUM) £8.95
Lamb cooked with spinach and flavored with fenugreek leaves.
42. **KHASI ROGAN** (MEDIUM) £8.95
A very tasty lamb dish cooked with rogan oil, butter, onion & spices in a tomato base.
43. **LEDHO KHASI** (MEDIUM) **D** £8.95
Char-grilled lamb cooked in thick sauce of medium flavor.
44. **RASHILO KHASI** (LAMB TIKKA MASALA - MILD-MEDIUM) £8.95
Char-grilled lamb cooked in mild creamy masala sauce with a dash of Nepalese herbs.
45. **TARAI KHASI** (HOT) **D M** £9.50
Char-grilled lamb cooked with fresh peppers, onions & herbs with a hint of yoghurt. Served hot.
46. **PIRO KHASI** (MEDIUM OR HOT) **G D S G** £9.50
A very special dish of deep-fried marinated lamb, diced tomatoes, onions and capsicum sautéed with chilli oil and tomato sauce.
47. **KHASI BHUTUWA** (MEDIUM) £9.50
Tender pieces of lamb cooked with various herbs and spices.